

SCALES & ARPEGGIOS | PREPARATORY EXERCISES

contents

UNIT 1 Preparatory Exercises for Scales

Passing the thumb under the fingers in preparation to practicing scales.	2
Passing the thumb under the finger 2	4
Passing the thumb under the finger 3	5
Passing the thumb under the finger 4	6
Passing the thumb under the fingers	7
Scale preparation in parallel motion	8
Scale preparation in contrary motion.	9
Scale preparation in alternating motion	10

UNIT 2 Preparatory Exercises for Arpeggios11

UNIT 3 Blocking Scales and Arpeggios 16

UNIT 4 The Chromatic Scale 40

about this edition

This edition serves as an introduction to playing scales and arpeggios in an easy-to-read format. Preliminary exercises prepare the hand for finger crossings and stretches and are selected from *Preparatory Exercises*, Opus 16 by Aloys Schmitt and *The Virtuoso Pianist*, Book 2 by Charles-Louis Hanon. The exercises allow the opportunity to properly develop form and technique. Exercises found in Units 1 and 2 may be transposed to other keys as necessary.



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This edition excludes exercises that require stretches beyond the developmental capabilities of students with small hands.

Editorial considerations for this edition:

- Rhythmic values of ♩ in the original edition are substituted with ♪.
- Some exercises have been shortened from the original.
- Scales and arpeggios are introduced as blocked patterns followed by two-octave exercises, encompassing each major and minor key. Two- and three-note groups (divided by the thumb passing under the fingers) are indicated with parenthesis. This particularly helps identify which key group the starting and ending scale notes belong to.
- The blocked exercises for minor keys are in **natural** minor. The exercises are **harmonic** minor scales (raised 7th) in two octaves.

practice suggestions

Practice suggestions for *Preparatory Exercises for Scales* (pp. 2–7), all scales (pp. 8–31), and the chromatic scale (p. 32):

- Play hands separately, then together. (Both hands should be developed equally.)
- Maintain a proper hand position, keeping the fingers close to the keys. Play evenly from one note to another and maintain a steady tempo.
- Play all preparatory exercises, scales, and arpeggios *mf* with a comfortable, steady tempo.
- Gradually increase the tempo (♩ = 60–108) as each tempo is sufficiently mastered.
- Scales are blocked in groups of either 2 or 3, depending on the crossing of the thumb. The blocking may not always begin and end on the tonic, but on the position of the tonic within the grouping of 2 or 3.

UNIT 1 PREPARATORY EXERCISES FOR SCALES

Passing the thumb under the fingers in preparation to practicing scales.

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

11.

12.

Passing the thumb under the finger 3

Exercise 1: Treble and bass staves in 3/4 time. Treble staff: 1 2 3 1 3 2 | 1 2 3 1 3 2 | 1 1 3 2. Bass staff: 1 3 2 1 2 3 | 1 3 2 1 2 3 | 1 3 2 3.

Exercise 4: Treble and bass staves in 3/4 time. Treble staff: 1 1 3 2 | 1 1 3 2 | 1 1 3 2. Bass staff: 1 3 2 3 | 1 3 3 | 1 3 3.

Exercise 7: Treble and bass staves in 3/4 time. Treble staff: 1 1 3 2 | 1 1 3 2 | 1 1 3 2. Bass staff: 1 3 3 | 1 3 3 | 1 3 3.

Exercise 10: Treble and bass staves in 3/4 time. Treble staff: 1 3 2 1 2 3 | 1 3 3 | 1 3 3 | 1 3 3. Bass staff: 1 2 3 1 3 2 | 1 1 3 2 | 1 1 3 2 | 1 1 3 2.

Exercise 14: Treble and bass staves in 3/4 time. Treble staff: 1 3 3 | 1 3 3 | 1 3 3 | 1. Bass staff: 1 1 3 2 | 1 1 3 2 | 1 1 3 2 | 1.

Passing the thumb under the fingers

1 4 3 2 1 4 3 2 1 4 3 2 1 4 2

1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

3

1 4 2 1 4 2 1 4 2 1 4 2

1 2 1 2 1 2 1 2

5

1 4 2 1 2 3 4 1 2 3 4 1 2

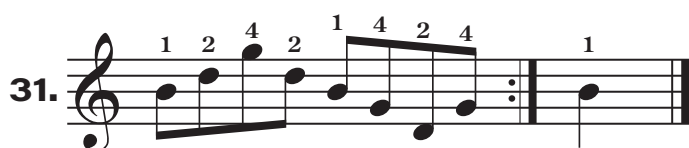
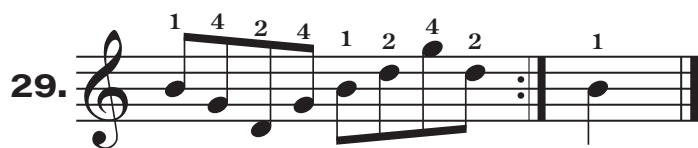
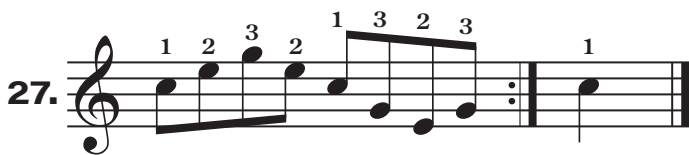
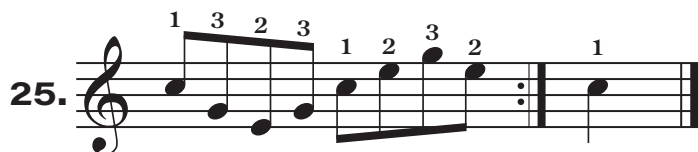
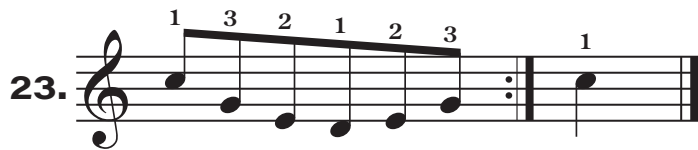
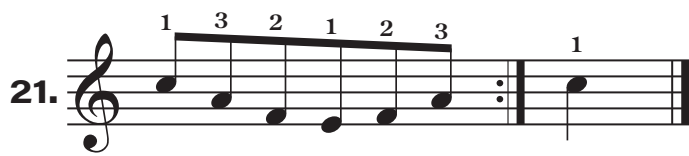
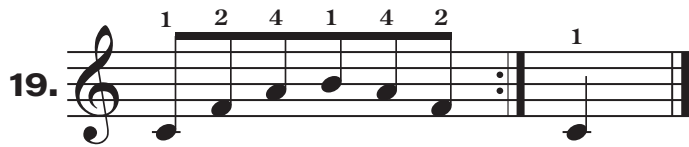
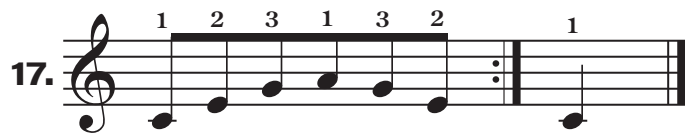
1 2 1 4 3 2 1 4 3 2 1 4

7

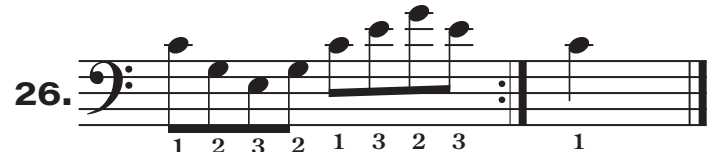
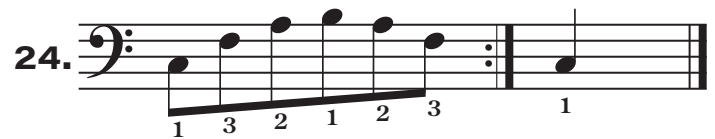
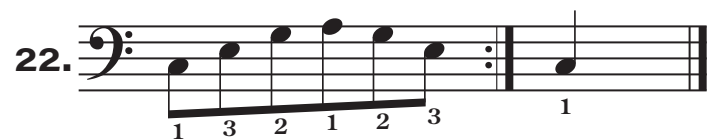
1 2 1 2 1 2 1 2 1

1 4 1 4 1 4 1 4 1

For the right hand separately.

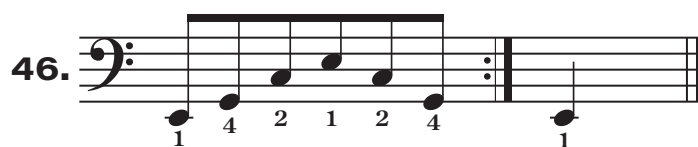
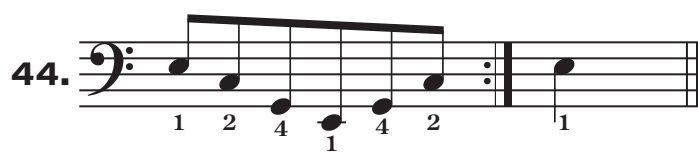
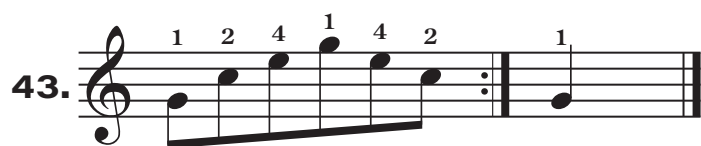
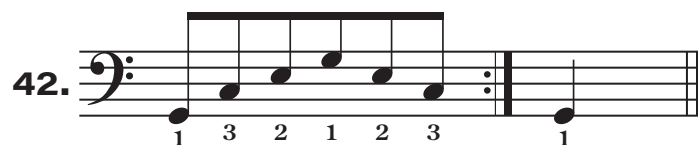
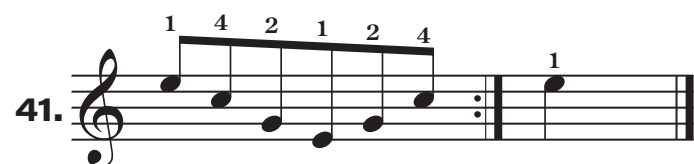
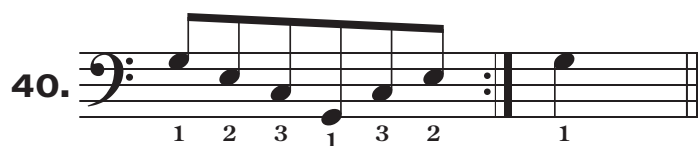
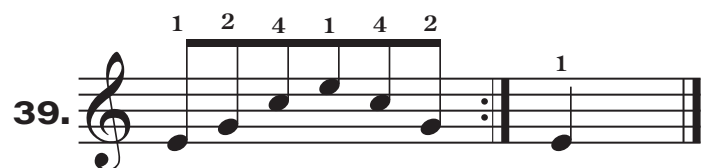
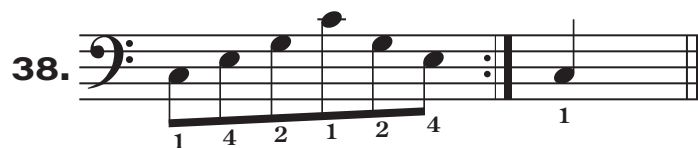
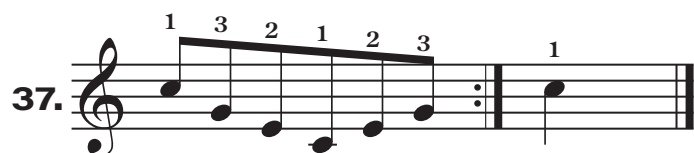
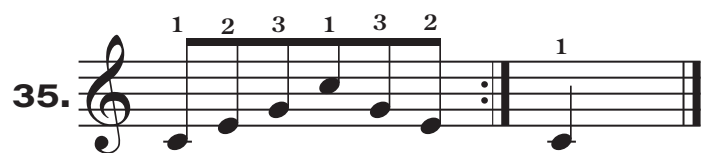


For the left hand separately.



For the right hand separately.

For the left hand separately.



UNIT 3 BLOCKING SCALES AND ARPEGGIOS

C MAJOR

Blocked major scale for RH and LH separately.

Blocked major scale for RH and LH separately in C major, 4/4 time. The scale is written in two staves, Treble and Bass. The Treble staff shows the ascending and descending scales with fingerings: 1, 3, 2, 1, 4, 3, 2, 1, 5, 4, 3, 2, 1, 3, 2, 1, 4, 3, 2, 1. The Bass staff shows the ascending and descending scales with fingerings: 5, 2, 3, 4, 1, 2, 3, 4, 1, 2, 3, 4, 1, 2, 3, 4, 1, 2, 3, 4, 5.

Two-octave major scales.

Two-octave major scales for RH and LH in C major, 4/4 time. The Treble staff shows the ascending and descending scales with fingerings: 1, 2, 3, 1, 2, 3, 4, 1, 2, 3, 1, 2, 3, 4, 5, 4, 3, 2, 1, 2, 3, 4, 1, 2, 3, 4, 5, 4, 3, 2, 1. The Bass staff shows the ascending and descending scales with fingerings: 5, 4, 3, 2, 1, 3, 2, 1, 4, 3, 2, 1, 3, 2, 1, 4, 3, 2, 1, 5, 4, 3, 2, 1, 3, 2, 1, 4, 3, 2, 1.

Blocked major triad arpeggios for RH and LH separately.

Blocked major triad arpeggios for RH and LH in C major, 4/4 time. The Treble staff shows the ascending and descending arpeggios with fingerings: 1, 3, 2, 1, 5, 3, 2, 1, 3, 2, 1. The Bass staff shows the ascending and descending arpeggios with fingerings: 5, 2, 3, 4, 1, 2, 3, 4, 1, 2, 3, 4, 1, 2, 3, 4, 1, 2, 3, 4, 5.

Two-octave major triad arpeggios.

Two-octave major triad arpeggios for RH and LH in C major, 3/4 time. The Treble staff shows the ascending and descending arpeggios with fingerings: 1, 2, 3, 1, 2, 3, 5, 3, 2, 1, 3, 2, 1. The Bass staff shows the ascending and descending arpeggios with fingerings: 5, 3, 4, 1, 2, 3, 4, 1, 2, 3, 4, 1, 2, 3, 4, 1, 2, 3, 4, 5.

B MINORBlocked **natural** minor scale for RH and LH separately.

Two staves showing the blocked natural minor scale for B minor. The right hand (RH) is in treble clef and the left hand (LH) is in bass clef, both in 4/4 time. The scale is written in B minor (two sharps: F# and C#). The RH scale starts on B4 and the LH scale starts on B3. Fingerings are indicated by numbers 1-5 above or below the notes. The RH scale is: B4 (1), C#4 (3), D5 (1), E5 (4), F#5 (3), G5 (2), A5 (5), B5 (4), A5 (3), G5 (2), F#5 (1), E5 (3), D5 (1), C#4 (2), B4 (1). The LH scale is: B3 (4), A3 (2), G3 (1), F#3 (2), E3 (3), D3 (4), C#3 (1), B3 (2), A3 (3), G3 (4), F#3 (1), E3 (2), D3 (3), C#3 (4), B3 (1).

Two-octave **harmonic** minor scales.

Two staves showing two-octave harmonic minor scales for B minor. The right hand (RH) is in treble clef and the left hand (LH) is in bass clef, both in 4/4 time. The scale is written in B minor (two sharps: F# and C#). The RH scale starts on B4 and the LH scale starts on B3. Fingerings are indicated by numbers 1-5 above or below the notes. The RH scale is: B4 (1), C#4 (2), D5 (3), E5 (1), F#5 (2), G5 (3), A5 (4), B5 (1), A5 (2), G5 (3), F#5 (1), E5 (2), D5 (3), C#4 (4), B4 (1). The LH scale is: B3 (4), A3 (3), G3 (2), F#3 (1), E3 (4), D3 (3), C#3 (2), B3 (1), A3 (3), G3 (2), F#3 (1), E3 (4), D3 (3), C#3 (2), B3 (1).

Blocked minor triad arpeggios for RH and LH separately.

Two staves showing blocked minor triad arpeggios for B minor. The right hand (RH) is in treble clef and the left hand (LH) is in bass clef, both in 4/4 time. The scale is written in B minor (two sharps: F# and C#). The RH scale starts on B4 and the LH scale starts on B3. Fingerings are indicated by numbers 1-5 above or below the notes. The RH scale is: B4 (1), C#4 (3), D5 (1), E5 (4), F#5 (3), G5 (2), A5 (5), B5 (4), A5 (3), G5 (2), F#5 (1), E5 (3), D5 (1), C#4 (2), B4 (1). The LH scale is: B3 (4), A3 (2), G3 (1), F#3 (2), E3 (3), D3 (4), C#3 (1), B3 (2), A3 (3), G3 (4), F#3 (1), E3 (2), D3 (3), C#3 (4), B3 (1).

Two-octave minor triad arpeggios.

Two staves showing two-octave minor triad arpeggios for B minor. The right hand (RH) is in treble clef and the left hand (LH) is in bass clef, both in 4/4 time. The scale is written in B minor (two sharps: F# and C#). The RH scale starts on B4 and the LH scale starts on B3. Fingerings are indicated by numbers 1-5 above or below the notes. The RH scale is: B4 (1), C#4 (2), D5 (3), E5 (1), F#5 (2), G5 (3), A5 (4), B5 (1), A5 (2), G5 (3), F#5 (1), E5 (2), D5 (3), C#4 (4), B4 (1). The LH scale is: B3 (4), A3 (3), G3 (2), F#3 (1), E3 (4), D3 (3), C#3 (2), B3 (1), A3 (3), G3 (2), F#3 (1), E3 (4), D3 (3), C#3 (2), B3 (1).